

# 历年大学英语四级真题及答案解析之阅读理解1（2022年12月第三套）

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## Section C

Directions: There are 2 passages in this section. Each passage is followed by some questions or unfinished statements. For each of them there are four choices marked A), B), C) and D). You should decide on the best choice and mark the corresponding letter on Answer Sheet 2 with a single line through the centre.

### Passage One

Questions 46 to 50 are based on the following passage.

Even though we are living in an age where growing old is thought of as an inevitable misery, this doctor has been changing the game for seniors over the last 25 years.

It all started in 1991 when the Harvard-educated physician was transferred from working in a stressful emergency room to being the medical director of a nursing home in upstate New York. The depressing and regimented (严格管制的) environment got him thinking on what exactly could improve the residents' conditions.

Even though animals in nursing homes were illegal at the time, Dr. Bill Thomas took a chance. Based on a hunch (直觉), he brought in two dogs, four cats, hens, rabbits, 100 birds, a multitude of plants, a flower garden, and a vegetable patch.

The change was dramatic. There was a 50% drop in medical prescriptions along with a dramatic decrease in death rates – but most importantly, the residents were simply happier.

Dr. Thomas's approach, named the Eden Alternative, has driven nursing homes to allow a more autonomous (自主的) and creative living space for their elderly. It erases the belief that growing old means growing useless. He encourages residents to think of their age as an enriching new phase of life rather than the end of it.

Thomas, now a speaker and author of several books, also created small, independently-run residences with their own bedrooms and bathrooms, and he has been preaching a singular message that getting old is not a bad thing.

“Within six weeks, they had to send a truck around to pick up all the wheelchairs,” Thomas told the Washington Post. “You know why most people in nursing homes use wheelchairs? Because the buildings are so big.”

The 56-year-old doctor's methods have been adopted in Australia, Japan, Canada, and America with enormous success. Last year he published *Second Wind: Navigating the Passage to a Slower, Deeper, and More Connected Life*, a guide on how to shift our perspectives on aging and growth.

He is currently traveling through North America performing with his guitar and his enthusiasm on his Age of Disruption Tour.

46. What has Bill Thomas been doing for a quarter of a century?

- A) Transforming people's lifestyle.
- B) Honoring his Harvard education.

C) Changing people's philosophy of life.

D) Shifting people's perspective on aging.

47. Why did Bill Thomas try something different in the nursing home?

A) He wanted to make it more pleasant for seniors.

B) He wanted to apply his Harvard training to practice.

C) He felt it his duty to revolutionize its management.

D) He felt disappointed working in the environment.

48. What do we learn about Bill Thomas bringing animals and plants into the nursing home? A) He made a mess of the nursing home.

B) He did something all professionals would do.

C) He won instant support from the state authorities.

D) He acted in violation of the state law.

49. What has Bill Thomas been persistently advocating?

A) Good health is not just a privilege of the young.

B) Nursing homes should be strictly limited in size.

C) Getting old is by no means something miserable.

D) Residences for seniors should be run independently.

50. How will Bill Thomas's new concept received?

A) It is gaining ground in many countries.

B) It is being heatedly debated worldwide.

C) It is considered revolutionary everywhere.

D) It is winning approval from the government.

答案解析：

46. 由题干中的“What has Bill Thomas been doing for a quarter of a century”定位到首段“this doctor has been changing the game for seniors over the last 25 years”以及后文多次提到他对老年人看待衰老观念的影响，如“It erases the belief that growing old means growing useless. He encourages residents to think of their age as an enriching new phase of life rather than the end of it.”等，说明他一直在改变人们对衰老的看法，所以选D。

2. 由题干中的“Why did Bill Thomas try something different in the nursing home”定位到第二段“The depressing and regimented (严格管制的) environment got him thinking on what exactly could improve the residents' conditions.”以及后文他采取的一系列措施都是为了让养老院居民生活更愉快，所以选A。

3. 由题干中的“What do we learn about Bill Thomas bringing animals and plants into the nursing

home”定位到第三段“Even though animals in nursing homes were illegal at the time, Dr. Bill Thomas took a chance.”，说明他带动物和植物进养老院的行为违反了当时的州法律，所以选D。

4. 由题干中的“What has Bill Thomas been persistently advocating”定位到第六段“he has been preaching a singular message that getting old is not a bad thing.”，说明他一直主张变老绝不是一件悲惨的事，所以选C。

5. 由题干中的“How will Bill Thomas’s new concept received”定位到倒数第二段“The 56-year-old doctor’s methods have been adopted in Australia, Japan, Canada, and America with enormous success.”，说明他的新概念在许多国家正在得到推广，所以选A。

